

EXERCISE MATERIALS



- 1 3446396 Exercise stairs, right angled version, 138x127x110 cm
- 2 3446189 Exercise stool, height 65 cm
- 3 3446257 Parallel bars, 4 meter
- 4 3446325 Shoulder wheel Type III
- 5 3446437 Shoulder wheel Type I
- 6 3446375 Wall bars with removable headsection
- 7 3446450 Knee support for wall bars 3446375
- 8 3446483 Wall bars, simple model
- 9 3446311 Correction mirror, metal frame, on wheels, 168x60 cm
- 10 3446383 Swedish bench, 200 cm
- 11 3013018 Balance board grey, dim. 150x60x17 cm



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EXERCISE MATERIALS

- 13 1469911 Exercise top, Ø 50 cm, maximum 90 kg
- 14 3446151 Physioball, Ø 85 mm, red
- 15 3446152 Physioball, Ø 95 mm, blue
- 16 3446211 Ball pump
- 17 3446233 Dumb-bell, 1 kg, set of 2
- 18 3446234 Dumb-bell, 2 kg, set of 2
- 19 3446235 Dumb-bell, 3 kg, set of 2
- 20 3446236 Dumb-bell, 4 kg, set of 2
- 21 3446237 Dumb-bell, 5 kg, set of 2
- 22 3447617 Wristlet 3,5 kg
- 23 3447618 Wristlet 5,0 kg
- 24 3447656 Wristlet 0,5 kg
- 25 3447657 Wristlet 1,0 kg
- 26 3447658 Wristlet 2,0 kg
- 27 3447659 Wristlet 3,0 kg
- 28 3446273 Airex 'Corona' 185x100x1,5 cm, red
- 29 3446397 Airex 'Coronella' 185x60x1,5 cm, red
- 30 3446174 Airex 'Hercules' 200x100x2,5 cm, green
- 31 3446463 Hanging bracket for Airex mats, 150x37 cm
- 32 1441900 Wristroller, with adjustable resistance
- 33 3446251 Storage rack (without materials)
- 34 3446215 Wooden block, 10x6x4 cm
- 35 3446216 Wooden block, 20x10x5 cm
- 36 3446245 Club, original design
- 37 3446332 Exercise stick, wood, 100 cm
- 38 3446204 Medicine ball, leather, 1,5 kg
- 39 3446205 Medicine ball, leather, 2 kg
- 40 3446206 Medicine ball, leather, 3 kg



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14 - 16



17 - 21



22 - 27

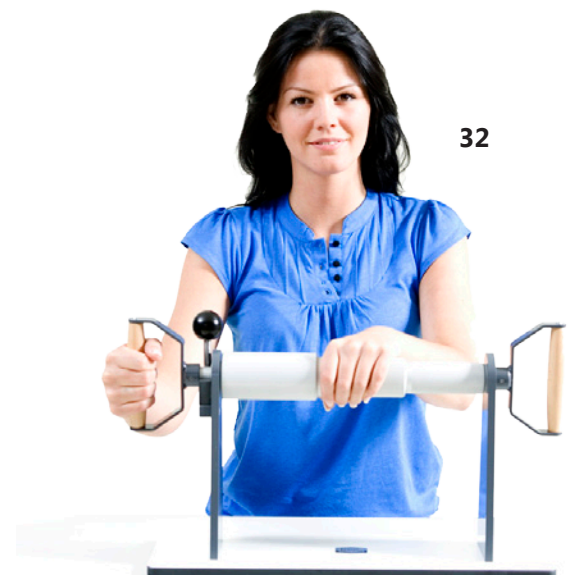


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EXERCISE MATERIALS

- 1 3446570 Rep Putty extra/extra soft, light brown 80 gram
- 2 3446571 Rep Putty extra soft, peach 80 gram
- 3 3446572 Rep Putty soft, orange 80 gram
- 4 3446573 Rep Putty medium, green 80 gram
- 5 3446574 Rep Putty strong, blue 80 gram
- 6 3446575 Rep Putty extra strong, violet 80 gram

- 7 3446576 Eggsercizer extra soft orange
- 8 3446577 Eggsercizer soft green
- 9 3446578 Eggsercizer medium blue
- 10 3446579 Eggsercizer strong purple



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- 11 3446776 Rep exercise band level 1 peach 5,5 m
- 12 3446777 Rep exercise band level 2 orange 5,5 m
- 13 3446778 Rep exercise band level 3 green 5,5 m
- 14 3446779 Rep exercise band level 4 blue 5,5 m
- 15 3446780 Rep exercise band level 5 purple 5,5 m
- 16 3446781 Rep exercise band level 1 peach 45 m
- 17 3446782 Rep exercise band level 2 orange 45 m
- 18 3446783 Rep exercise band level 3 green 45 m
- 19 3446784 Rep exercise band level 4 blue 45 m
- 20 3446785 Rep exercise band level 5 purple 45 m
- 21 3446786 Dispenser for 5 rolls



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QUADRICEPS BENCH



3446188 QUADRICEPS BENCH

The Quadriceps Bench is a functional muscle exerciser, allowing a large number of exercises to be performed within minimum floor surface. The bench enables exercises in a sitting position (for instance knee stretching) as well as exercises in a reclining position (for instance knee flexion and hip stretching). The adjustment of the seat and back, provides a comfortable and stable position.

STANDARD ACCESSORIES

1400740 Operating manual Quadriceps exercise bench

OPTIONAL ACCESSORIES

3446197 Additional swinging arm
3445023 Strap with back-to-back fastening, 120 cm



3446197

3445023



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